# WORDS FOR THE MONTH. Work a Necessity.

Since I returned home I have wondered whether we quite realize that what is necessary in this country at the present time, if we are to attain further heights and make the great progress which we all wish, is that we should never be afraid to work. We are fond of sport and of play, but a man should do the work to which he has set his hand. We talk of hard work and believe in it; but I wish that I had the voice, the influence, and the authority to impress upon the public in this country the absolute necessity for harder work before us in order that we may achieve even the greater destiny which I believe lies in store.

THE EARL OF READING,
At the Maccabæans Dinner.

### A Little Preachment.

Mary had a little cold,
With germs an' everything,
And everywhere that Mary went,
She took the dreadful thing.

It went with her to school one day, Which was against the rule, For well the teacher knew the truth, That germs don't learn at school.

So she sent Mary and her cold, Down to the nurse in gray, Who said that Mary must go home; From people keep away.

Now children dear, the moral's here
That colds take "absent" treatment,
For others sake don't spread the germs.
This ends my little preachment.

Elizabeth H. Fleeson, Graduate Student, Department of Public Health, Yale University. In "The Public Health Nurse."

## LETTERS TO THE EDITOR.

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible tor the opinions expressed by our correspondents.

#### AN APPEAL TO THE MINISTRY OF HEALTH.

To the Editor of The British Journal of Nursing.

DEAR MADAM,—May I, through the medium of your valuable Journal, express the injustice that many of us feel has been done to Nurses who hold the certificate of the Royal Sanitary Institute for Health Visitors granted after the Institute's revised rules in 1923.

As you know, only fully trained nurses, possessing the Central Midwives Board Certificate, who attended their recognised course of training for Health Visitors, were admitted to the examination.

And yet our training and experience was not considered equal to the Board of Education certificate, and to be fully qualified we have to sit for the new examination.

This to many of us working as Health Visitors in large Urban or Rural districts is not practicable, many authorities are not prepared to allow their Health Visitors the necessary leave to prepare for this examination, also expense and the strain on health are big considerations to Nurses who have already sat for the Royal Sanitary Institute examination to apparently no purpose.

Could not the voice of all those who are in this unfortunate position be heard through our professional organisation so that some pressure may be brought upon the Minister of Health to endorse our certificates?

Yours faithfully,

Caerphilly Road, Senghinydd, Cardiff. FAIRPLAY.

#### KERNELS FROM CORRESPONDENCE.

CONDUCT OF BUSINESS APPROVED.

C. P. Horsforth writes:—"May I express my admiration as to the thorough business-like methods of the Council of our College, and especially in the manner of dealing with two incidents up-to-date—one the 'Nurse thief,' retained by the G.N.C. on our State Register, and the other the Counter Petition to the Royal Charter Petition of the College of Nursing, Ltd. "That the Council will have a tremendous fight no one can

"That the Council will have a tremendous fight no one can deny, in attacking and setting in order many things which nurses ought not to have allowed. As soon as possible I hope to come to London to take the 'Obligation' and sign the Roll of Foundation Fellows."

#### OF FUNDAMENTAL IMPORTANCE.

E. D., Harrow, writes:—" Please kindly forward to me a Form of Application for Membership Diploma of the British College of Nurses. You may remember my name as one of the 'old Guard' in the fight for State Registration. Although now retired on a small income, I am anxious to become associated with this truly wonderful movement in our Profession, and to secure the monthly gift of our beloved B.J.N. To do this I have made a sacrifice of something I really need, but which I consider of less fundamental importance. I am not surprised to find that in such a case 'giving up' can be done gaily and gladly."

#### DIET IN HOSPITALS.

C. E. Hecht, M.A., Hon. Secretary, Food Education Society, 24, Tufton Street, S.W., writes:—" Seated in the gallery at Caxton Hall during the Conference of Nursing and Kindred Organisations, the mind naturally reverted to an earlier gathering in the same beautiful room. Both were convened by agencies outside the profession, though in either case the object was the bettering of the conditions for nurses. While, however, yesterday's conference took a comprehensive view of the problem, the first, held on November 5th, 1910, was concerned solely with a single aspect, that of diet in hospitals and similar institutions, which had forced itself upon the attention of my Committee.

"Both assemblies were exceedingly well attended. To the earlier one invitations were issued only to Matrons in and around London, a large proportion of whom were present, as were representatives of provincial hospitals at Birmingham, Liverpool, Manchester, Leicester, Brighton, and Wolverhampton.

"The Dietaries and other publications issued recently have proved helpful to those Matrons who recognise that, notwithstanding a marked advance, there is abundant room for improvement."

#### NOTICE.

Magazines, intended for the International Council of Nurses should be sent to the Secretary, I.c.N., r, Place du Lac, Geneva.

#### PRIZE COMPETITION QUESTION FOR MARCH.

In what various ways may drugs be administered? Describe the procedure in each case, and the principal precautions to be observed.

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